Title of Paper

First Name Surname1, B. Author2, C. Author 3, D. Author 4

1 Institution, Address, Country, Email (Arial 9, normal, left)

2 Institution, Address, Country, Email

3 Institution, Address, Country, Email

4 Institution, Address, Country, Email

 (If you need more lines you can insert here)

**ABSTRACT**

The abstract should not exceed 1.500 characters (including spaces). Should show the purpose of work, what was done and how, and also the main conclusions.

***Keywords:*** *Put here 3-5 keywords (in alphabetical order)*

**INTRODUCTION (THIS IS THE STYLE TO USE FOR THE TITLES OF SECTIONS)**

These instructions explain how the paper should be formatted in order to be submitted to the **18th APDR CONGRESS**.

The size of the article should be between **6 to 25 pages.**

The typical format for the following sections of the paper involves in addition to the **Introduction**, the section of **Experimental Part**, stating that what was done and how, the section **Results and Discussion**, and **Conclusions**, which should briefly state the main results of the work and its implications.

Other organizational structures of the article will be accepted provided they are appropriate to the nature of the work to be presented.

There should also be a section at the end of the article devoted to the **Bibliography** that was used. Before this section, the **Acknowledgements** can be included, to other persons and institutions, which may have contributed to the work.

Font and spaces (this is the style to use for the titles of subsections)

The font used should be **Arial**. In this model you can find the style that you need to implement thearticle**.**In this template you will find all the styles that you need to write the article.

The space between lines should be 1 and between sections or subsections should be left one space.

Before the main sections should be left two spaces;

Between the text and tables or figures should also be left a space interval at the top and another below.

Figures, images and tables

Figures and tables must be centered in the text wherever you want to put. Should not be concerned by the text. Example:

Table 1: Table title

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Sample | X | Y | … | … |
| X |  |  |  |  |
| Y |  |  |  |  |
| Z |  |  |  |  |

The images (photos or other documents) must also be labeled with the figures and must be print quality.

Figures and images, the caption should appear below and centered. Example:



Figure 1: Example of figure.

Bibliography

The references used must be cited in square brackets by a number (s) [1-4]. The footnotes are not accepted. In this section at the end of the article should appear numbered and referenced in the bibliography the following format:

1. Simões, J., *Title of book in italic*. Editor, local, Publication years (2005).

2. Simões, J., *Title of chapter in book in italic,* Title of book, Editor, Place of publication, pages, (2006).

3. Simões, J. et al., *Title of article in italic*. Name of Magazine, Volume nº, pages, (2008).

4. Simões, J. et al., *Title of article in italic, Conference Proceedings XYZ,* Local, Volume nº, pages, (2007).

5. Simões, J., *Title of thesis in italic,* Thesis of PhD (or Master), University of XYZ, Local, (2009).

Submission of papers

**The article or paper shall be submitted as a Word file.**